



Safety and Respect – Team Pre Season Meetings

Hockey Canada is serious about working with administrators, coaches, safety people, officials, parents and players to create the fun respectful environment we all expect in the game.

Recently, Hockey Canada passed a new zero tolerance rule to any contact above the shoulders. This combined with education, awareness, strong player development and respect for the game will reduce injuries like concussions and help to keep the game fun for all.

Hockey Canada has created a library of great tools and needs the help of Branches, Minor Associations, team staff, and officials to **PASS IT ON!**

Step 1 - Information handout – Start your meeting by handing the new one page handout linked to below to all your parents – encourage them to **PASS IT ON!** to their kids and emphasize playing safe and by the rules, including the new rule against HEAD CONTACT

[Click here](#) to download handout

Step 2 - Rule awareness – Talk to your parents and players about the new rule against HEAD CONTACT, [Click here](#) to download great resources to help you **PASS IT ON!**

Encourage each member of your team to watch the videos with their child and have them sign the form and return to the team manager signifying that they are aware of the new HEAD CONTACT rules. Sheet at bottom of document

Step 3 - Concussion prevention – Be educated, be aware, **PASS IT ON!** Show the Think First Video! Even when wearing the required gear, players can suffer injuries, which is why it is important to think first and keep respect in the game. This is why ThinkFirst/Pensez d'Abord Canada created a new hockey video intended for young hockey players and their families. [Click here](#) to download video

Step 4 - Response to concussion – be aware, be responsible, **PASS IT ON!**

Talk to parents about your policy if a player has a possible concussion. Pass out the Hockey Canada concussion card! To download [Click here!](#)

By all teams having pre - season meetings we are all taking a proactive role in passing on this very important information to our parents and players!

To learn more about concussions visit the Hockey Canada resource page [Click here!](#)

Step 5 - Talk about equipment [Click here](#) to download the Hockey Canada equipment video

